

More information

Benefits and services

www.kela.fi/english

Kela's Centre for
International affairs

www.kela.fi/internationalaffairs

Information about Finland
in your language

www.infofinland.fi

International House Helsinki

www.ihhelsinki.fi

Kela at your service

- **Online service**
www.kela.fi/e-services
- **Ask for advice**
kysykelasta.kela.fi
- **Estimate benefit amounts**
www.kela.fi/calculators
- **Call our phone service**
- **Book an appointment**
at an office or phone service
www.kela.fi/appointments

Kela[®]



020 634 2550

If your matter concerns

- military or civil service
- families with children
- housing
- social assistance
- students
- unemployment

020 634 0200

Moving to or from Finland
and other international situations



Phone service in English
www.kela.fi/call-kela

Monday to Friday 9 am to 3 pm

020 634 2650

If your matter concerns

- the death of a family member
- disability
- Kela card
- European Health Insurance Card
- pensioners
- rehabilitation or sickness

020 635 3500

Customers with a protection order



Phone service in Finnish:
www.kela.fi/soita-kelaan