

Changes to reimbursements from Kela 1 January 2023

The reimbursements from Kela for the costs for private medical care will change from 1 January 2023. Henceforth, reimbursements from Kela will no longer be available for most examinations and treatments prescribed by private doctors. However, reimbursements from Kela can still be paid for visits to a private doctor. The reimbursements for the costs for private dental care will also remain unchanged.



From 1 January 2023 reimbursement is payable for

- visit to or remote consultation with a general practitioner or specialist 8 euros
- treatment by a psychiatrist 10.50-27 euros (the amount reimbursed depends on the duration of the visit)
- remote consultation with a psychiatrist 12 euros.

You can also get reimbursement for examinations and treatments in private medical care that have been prescribed by

- a psychiatrist
- an oral and maxillofacial surgeon
- a dentist or specialist dentist.

If the examination or treatment is prescribed by some other doctor, reimbursement from Kela is not available. However, this does not apply to examinations by a psychologist. Reimbursement from Kela can still be paid for these examinations regardless of who has prescribed them.

The amount of the reimbursement for the examination or treatment depends on the reimbursement rate for the examination or treatment. At the most, the reimbursement equals the reimbursement rate. Information on the reimbursement rates is available at www.kela.fi/sickness.

From 1 January 2023 reimbursement is not payable for

- physiotherapy, lymph therapy or phototherapy for skin conditions
- examinations and treatments prescribed by someone else than a psychiatrist, an oral and maxillofacial surgeon or a dentist
- private medical care, when you visit a private medical care provider with a referral from a public healthcare provider
- administrative fees or outpatient charges in private medical care
- costs for public healthcare services.

Please note that the changes to the reimbursements from Kela also affect the reimbursements for travel costs. You can get reimbursement for the journey to a private medical care provider only if the treatment provided there is reimbursed from Kela.

Examples of reimbursements from 1 January 2023:

- Reimbursement for the doctor's fee when visiting a gynaecologist 8 euros. No reimbursement is paid for ultrasound examinations and Pap tests.
- Reimbursement for visit to an ophthalmologist 8 euros. You have to pay for eye examinations yourself in full.
- Reimbursement for a 30 minute visit to a psychiatrist 16.50 euros. You also get reimbursement for the laboratory examinations prescribed by the psychiatrist.
- You get reimbursement for physiotherapy that you have received in 2022. You cannot get reimbursement for physiotherapy that you receive in 2023 even if the series of treatments started in 2022. You can also not get reimbursement for travels to physiotherapy in 2023.