

Pilot study on freedom of choice: How to book an appointment to a general practitioner

Persons aged 65 or over can see a private general practitioner for the same price as the local user fee charged by public healthcare. This pilot study on freedom of choice runs from 1 September 2025 to 31 December 2027.

Kela

What kind of doctor can you book an appointment with?

You can see a private general practitioner who is participating in the pilot study. General practitioners treat people of all ages and a wide range of conditions. They will help you with problems such as back pain, trouble sleeping or high blood pressure.

How do you book an appointment?

- Check which clinics are participating in the pilot study: **kela.fi/freedom-of-choice-pilot**.
- Book your appointment directly on the clinic's website. You can also choose a remote video or phone appointment.
- If you book your appointment by phone, tell the the receptionist that you are booking an appointment that is included in the pilot study.

During the pilot study you can book 3 appointments per year.

Check which clinics are participating in the pilot study by visiting our website at kela.fi/freedom-of-choice-pilot.

How much do the appointments, examinations and tests cost?

Appointment with a private general practitioner

Up to 3 appointments per year



1 You will pay the price of the local user fee charged by public healthcare providers

EUR 30.20

2 No administrative or service fees will be charged.

EUR 0

Examinations and tests

Only some are included in the pilot study



1 Maximum prices have been set for the examinations and tests. You pay half of the maximum price of each examination and test

50 %

2 In addition, you will pay half (50%) of the EUR 30 laboratory fee, i.e.

EUR 15

Graphics: Kela

Examinations and tests included in the pilot study and their maximum prices. You will pay half of the maximum price.
The examinations and their prices are valid from July 1.

ECG and X-ray examinations	You pay (EUR)
ECG, 12-lead at rest	23,50
Chest X-ray (thoracic X-ray)	48,50
Hip X-ray	52
Knee X-ray	46
Laboratory tests*	**You pay (EUR)**
S-ALAT, Alanine aminotransferase	2
S-Amyl, Amylase	5
S-ASAT, Aspartate aminotransferase	2
S-B12-Vit, Vitamin B12	16
S-B12-TC2, Vitamin B12, Transcobalamin II-bound	10
U-BaktVi, Urine culture test (bacteria)	6
S-Bil, Bilirubin	2
S-CRP, C-reactive protein	3
S-D-25, Vitamin D 25-OH	6,5
S-Ferrit, Ferritin	8
fS-Folaat, Folate	8
fP-Gluk, Glucose	2
-GT, Glutamyl transferase	2
U-KemSeul, Chemical screening (urine)	4
S-K, Potassium	2
S-Ca-Ion, Calcium, ionised	9
fS-Kol, Cholesterol	2
fS-Kol-HDL, Cholesterol, high density lipoproteins	2
fS-Kol-LDL, Cholesterol, low density lipoproteins	2

Laboratory tests*	You pay (EUR)
fS-Krea, Creatinine	2
B-La, Sedimentation rate (ESR)	5
S-Na, Sodium	2
B-PVK+T, Basic blood count and blood platelets	3
fS-Trigly, Triglycerides	2
S-TSH, Thyrotropin	6
S-T4-V, Free thyroxine	6
S-Uraat, Urite, from serum	2
S-PSA, Prostate-specific antigen	6
B-TVK, Complete blood count	6
U-AlbKre, Ratio of albumin and creatinine	7
P-TnT, Troponin T	15
P-AFOS, Alkaline phosphatase	2
-TrFeSat, Iron saturation of transferrin	7
P-TfR, Transferrin receptor, plasma	9
P-ProBNP, Sodium uretic peptide, type B N-terminal propeptide	12
F-Calpro, Calprotectin, faeces	23
B-HbA1c, Haemoglobin A1C	6
F-hHb, Haemoglobin, faeces (quant)	9

*) In addition, you will pay half (50%) of the EUR 30 laboratory fee, i.e. EUR 15.

What is included in the freedom of choice pilot?

During the pilot study,	The pilot study does not cover
✔ you can book a doctor's appointment if you fall ill	✘ appointments with a specialist
✔ you get faster access to treatment	✘ health checks for example for age-related reasons or to get a medical certificate for your driver’s licence
✔ you know the prices in advance	✘ services provided by a nurse.
✔ you pay less for certain examinations and tests.	

Keep track of your appointments

Keep track of how many appointments you have used and how many you have left each year to avoid unexpected costs.

You can also see this information in the OmaKela e-service, but it will be updated with a delay.

Year		Notes
2026	1	
	2	
	3	

Read more and book an appointment: kela.fi/freedom-of-choice-pilot

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