

Benefits and services in English  
**[www.kela.fi/english](http://www.kela.fi/english)**

Benefits and services in Easy Finnish  
**[www.kela.fi/selkosuomi](http://www.kela.fi/selkosuomi)**

You can handle almost all of your Kela-related matters online in Kela's e-service OmaKela (in Finnish or Swedish)  
**[www.kela.fi/e-services](http://www.kela.fi/e-services)**

Information about Finland and Kela benefits in your language  
**[www.infofinland.fi](http://www.infofinland.fi)**

Mailing address  
**Kela, PL 10, 00056 KELA**



# Call Kela

**You can handle Kela-related matters by phone**



## Call Kela in English Monday to Friday 9.00 to 16.00

### **020 634 2550**

If your matter concerns

- families with children
- housing
- military or non-military service
- social assistance
- students
- unemployed

**020 634 0200** (10.00 to 15.00)  
Moving to or from Finland and other international situations

### **020 634 2650**

If your matter concerns

- disability
- Kela card
- European Health Insurance Card
- rehabilitation or sickness
- pensioners

### **020 635 3500**

Customers with a non-disclosure for personal safety reasons

**020 634 4940** (10.00 to 15.00)  
Overpayment Recovery Centre

You can confirm your identity in the OmaKela e-service before you call us. You can also submit a call request either in OmaKela or while in queue for phone service.

Calls are charged at the local network rate or the standard mobile rate.  
Return call service is free of charge.