

Benefits and services in English
www.kela.fi/english

Benefits and services in Easy Finnish
www.kela.fi/selkosuomi

You can handle almost all of your Kela-related matters online in Kela's e-service OmaKela (in Finnish or Swedish)
www.kela.fi/e-services

Information about Finland and Kela benefits in your language
www.infofinland.fi

Mailing address
Kela, PL 10, 00056 KELA



Call Kela

You can handle Kela-related matters by phone



Call Kela in English Monday to Friday 9.00 to 15.00

020 634 2550

If your matter concerns

- families with children
- housing
- military or non-military service
- social assistance
- students
- unemployed

020 634 0200 (10.00 to 15.00)
Moving to or from Finland and other
international situations

020 634 2650

If your matter concerns

- disability
- Kela card
- European Health Insurance Card
- rehabilitation or sickness
- pensioners

020 635 3500

Customers with a non-disclosure for
personal safety reasons

020 634 4940 (10.00 to 15.00)
Overpayment Recovery Centre

You can confirm your identity in the OmaKela e-service before you call us. You can also submit a call request either in OmaKela or while in queue for phone service.

Calls are charged at the local network rate or the standard mobile rate.
Return call service is free of charge.